

## Health Websites

<http://kidshealth.org>

A fantastic website for students to get kid-friendly information about their bodies and health questions. Also has great diagrams and graphs to explain how their body functions.

[http://www.harcourtschool.com/menus/health\\_fitness/beactive.html](http://www.harcourtschool.com/menus/health_fitness/beactive.html)

Harcourt has provided online activities for 1-6 grades around health issues at each grade level. They also have a teacher and parent resource page as well.

<http://www.kidnetic.com/>

A great site for kids to learn about exercise, healthy eating and ways to stay active.

<http://www.bam.gov>

BAM! Body and Mind is an online destination for kids 9-13 years old created to give them information to make healthy lifestyle choices.

<http://yucky.discovery.com/flash/index.html>

The “yuckiest” site on the Internet, providing fun, games and information to kids about the “yuckiest” bodily parts and functions.

<http://www.innerbody.com/>

The Visible Body includes 3D models of over 1,700 anatomical structures, including all major organs and systems of the human body.

<http://www.girlshealth.gov/>

Choose a topic, and learn how girls can stay safe and healthy.

<http://www.kids.gov/>

View links to health, fitness, safety, and other topics by grade level.

<http://www.cdc.gov/diabetes/eagle/>

Learn from the wise eagle in this book series how to use balance, courage, healing, strength, and wisdom to prevent diabetes and grow safe and strong.

<http://www.cdc.gov/nceh/kids/>

Learn how CDC works to help you stay healthy wherever you live, work, and play.

<http://www.cdc.gov/family/kidexpress/index.htm>

Learn safe and healthy habits with these fun pages, including an activity book, puzzles, coloring pages, and games.

<http://www.atsdr.cdc.gov/child/ochheykids.html>

Learn about some toxic chemicals that you might find in your own home, school, neighborhood, town, or city.

<http://www.cdc.gov/ncbddd/kids/kidhome.htm>

Learn the answers to some of your questions about kids with disabilities.

<http://www.verbnow.com/>

Learn how fun physical activity can be!

<http://www.uen.org/3-6interactives/health.shtml#health>

Utah Education Network provides fantastic interactive games that can be used on a computer, shown with a projector, or on a SMART Board.

<http://www.mcgruff.org/>

McGruff the crime dog has games, a blog and other interactive resources to teach safety to kids from bullying, cyberbullying, fire safety and other safety and crime issues.

<http://www.sparky.org/>

Fire safety fun, games and information

<http://education.gojo.com/media.asp>

Handwashing and germ videos and games from Gojo and Purell soaps and disinfectants.

<http://www.colgate.com/app/LatherUpForGoodHealth/US/Kids.cvsp>

Softsoap provides activities and materials to teach handwashing to kids

<http://www.colgate.com/app/Kids-World/US/HomePage.cvsp>

Toothbrushing and other fun tooth games for students

<http://science.education.nih.gov/supplements/nih2/oral-health/default.htm>

Open Wide and Trek Inside is a great resource for teachers to download and print activities, but also provides online resources for students K-2 to learn about dental health.

[http://www.childrensmuseum.org/special\\_exhibits/bones/kids\\_mazeGame.htm](http://www.childrensmuseum.org/special_exhibits/bones/kids_mazeGame.htm)

A great resource to teach students about bones!

[http://www.cdc.gov/tobacco/youth/information\\_sheets/yuthfax1.htm](http://www.cdc.gov/tobacco/youth/information_sheets/yuthfax1.htm)

Learn about tobacco use and how to quit.

<http://www.stopbullyingnow.hrsa.gov/>

Stop Bullying Now provides activities and information for classes to talk about as a class or individually around bullying and harassment.

<http://www.fda.gov/oc/opacom/kids/default.htm>

Food and Drug Administration Kids page with games, activities and information.

<http://www.stopthinkbesafe.org/youngPeople/index.asp>

Teaches kids about STDs with information and games, and also has educator and parent pages.

<http://www.coderedrover.org/>

CodeRedRover.org is an interactive home safety website that offers games, activities, do-it-yourself projects, home safety checklists and tips for parents and kids all in the name of saving lives

<http://www.cpsc.gov/kids/kidsafety/main1.html>

Learn how to stay safe by playing these fun games!

<http://www.ready.gov/kids/home.html>

Learn how to be prepared for unexpected situations.

[http://www.presidentschallenge.org/home\\_kids.aspx](http://www.presidentschallenge.org/home_kids.aspx)

Jump rope, play catch, race a friend, and more! Win awards for staying active, and track your progress along with kids across America.

<http://www.cyh.com/SubDefault.aspx?p=255>

<http://www.chooserespect.org>

Learn how to build healthy relationships to stop dating abuse before it starts.

<http://www.dole5aday.com/>

Dole provides students, parents and teachers resources to teaching the importance of fruits and vegetables in daily diet, as well as regular exercise.

<http://www.americanheart.org/presenter.jhtml?identifier=3028650>

American Heart Association provides games and information for K-12 to teach about keeping a healthy heart, including diet, exercise, not smoking, and other topics.

<http://exchange.co-nect.net/Teleprojects/project/?pid=16&cid=1>

This site provides students with a webquest experience to teach fitness to students, as well as extensive K-12 curriculum resources on the subject.

<http://www.kn.pacbell.com/wired/bluewebn/contentarea.cfm?cid=7>

This site has a wealth of sites for you to look at. There are so many that it wasn't worth adding them to this page!!! Check them out and see if there are any hidden treasures that can help you out!

<http://www.medtropolis.com/default.aspx>

Medtropolis provides 3-D tours of the body, as well as several "health calculators". It is a REALLY awesome site!

## Teacher/Parent Resources

<http://www.talkingwithkids.org>

Discusses ways to talk to kids about sex, HIV/AIDS, violence, drugs and alcohol and provides information to help you.

[www.stopthinkbesafe.org](http://www.stopthinkbesafe.org)

[http://www.crest.com/crest\\_kids/forTeachers.jsp](http://www.crest.com/crest_kids/forTeachers.jsp)

Materials for teaching oral health and toothbrushing including free brushes, toothpaste and plaque tablets

<http://www.healthteacher.com>

A great site for K-12 health curriculum resources and lessons to supplement what you are already doing in the classroom.

<http://www.kelloggnutrition.com/education-materials/index.html>

Kellogg's provides educational materials that you can use to teach nutrition and exercise to students in your classroom.

<http://www.theantidrug.com/>

Talks to parents and teachers as to approaches that are most successful when talking to kids and teens about drugs and safe living practices.